

Ukrop's Gluten Free Shopping Guide 2009

The following list provides information on a variety of gluten-free products available at Ukrop's. Please be aware that product ingredients can change without warning, therefore always check the ingredient label. If you are unsure about the product, contact the manufacturer directly. Some products are not available at all Ukrop's locations and some items are seasonal. This list does not necessarily include every gluten-free product available at Ukrop's, as products change frequently.

Ukrop's Kitchen Entrees:

- Black Bean Cakes
- Black Bean Cakes with Caribbean Rice
- Breakfast Casserole
- Grilled Breast of Chicken
- Grilled Chicken Breast with Honey BBQ Sauce
- Grilled Chicken Breast with Lemon Sauce
- Italian Chicken Breast
- Jamaican Jerk Chicken Breast
- Jamaican Jerk Chicken Breast with Caribbean Rice
- Parmesan Chicken Tenders
- Roasted Pork Loin
- Rotisserie Chicken
- Shadybrook Farms Rotisserie Turkey
- Southern Style Pork BBQ
- Spiral Sliced Ham
- Virginia Pork BBQ

Ukrop's Side Dishes:

- Bacon and Cheddar Potato
- Broccoli Florets
- Broccoli Florets with Herb Butter
- Caribbean Rice and Beans
- Collard Greens

- Deviled Eggs
- Garlic New Potatoes
- Green Beans and Carrots
- Jasmine Rice
- Marinated Grilled Vegetables
- Old Fashioned Baked Beans
- Oven Roasted Vegetables
- Rosemary Roasted Potatoes
- Skillet Hash Brown Potatoes
- Spinach Supreme
- Steamed Garden Vegetables with Herb Butter
- Sugar Snap Peas with Red Peppers
- Whipped Redskin Potatoes
- Yellow Squash with Sweet Onions
- Zucchini and Yellow Corn Medley

Ukrop's Salads:

- Broccoli Slaw
- Cole Slaw (Regular and Country)
- Cranberry Orange Salad
- Egg Salad
- Gazpacho Salad
- Ham Salad Deluxe
- Light Redskin Potato Salad
- Loaded Baked Potato Salad
- Mandarin Orange Salad
- Marinated Cucumbers
- Old Fashioned Baked Beans
- Old Fashioned Potato Salad
- Raspberry Crème Salad
- Red, White and Blue Salad
- Red, White and Green Salad
- Redskin Potato Salad
- Sour Cream Potato Salad
- Southwestern Black Bean & Corn Salad
- Springtime Strawberry Salad
- Strawberry Crème Salad
- Summer Corn and Basil Salad
- Three Bean Salad

- Tropical Fruit Salad
- Tropical Lime Salad
- Tuscan Vegetable and Bean Salad
- Watergate Salad

Ukrop's Soups (available in Ukrop's Kitchen and Hot Soup Bar)

- Chicken Tortilla
- Chili
- French Onion
- Gazpacho
- Hearty Black Bean and Vegetable
- Roasted Eggplant and Tuscan Soup
- Smoked Sausage and Black Eyed Pea
- Tomato Basil
- Vegetarian Chili
- White Bean and Ham

Ukrop's Dips/Spreads/Sauces:

- Bruschetta
- Buffalo Chicken Dip
- Charleston Shrimp Spread
- Cocktail Sauce
- Cream Cheese and Olive Spread
- Fruit Dip
- Garlic Herb Dip
- Hawaiian Pineapple Nut Spread
- Honey BBQ Sauce
- Pico de Gallo
- Pimento Cheese Spread
- Pizza Sauce
- Marinara Sauce
- Salsa
- Seven-layered Dip
- Spaghetti Sauce with Meat
- Special Sauce
- Spinach Artichoke Dip
- Tomato BBQ Sauce

Ukrop's Chef Prepared Seafood (In the Meat/Seafood Department)

- Blackened Salmon
- Crab and Artichoke Dip
- Mushroom Dusted Salmon
- Salmon Kabobs
- Scallop Kabobs
- Shrimp Cocktail
- Smoked Salmon and Chive Spread
- Spiced Shrimp
- Swordfish Kabobs
- Tuna Kabobs

Ukrop's Chef's Case Specials (* Please note that these products are prepared in the store. The standard recipes are free from gluten-containing ingredients. Ukrop's recommends checking with the in-store chef if you have questions or concerns.)

- Apricot Glazed Turkey Breasts
- Baked Lemon Dill Salmon
- Blueberry Chicken Salad
- Brandied Pepper Prime Rib
- Broccolini with Roasted Red Peppers and Garlic
- Cranberry Mandarin Orange Relish
- Cucumber Tomato Feta
- Fall Harvest Medley
- Green Beans with Craisins and Pecans
- Green Beans with Prosciutto and Oregano
- Green Beans with Sun dried Tomatoes and Pine Nuts
- Herb Roasted Turkey Breast
- Jumbo Lump Crab Cakes
- Orange Cranberry Mashed Sweet Potatoes
- Orange Fig Glazed Turkey Breast
- Oven Roasted Ratatouille
- Parmesan Crusted Tilapia

- Portabella with Chicken and Spinach
- Roasted Brussels Spouts with Walnuts
- Roasted Corn and Tomato Salad
- Roasted Fingerling Potatoes
- Roasted Root Vegetables
- Sautéed Kale with Garlic and Pancetta
- Sautéed Spinach and Garlic with Sun dried Tomatoes
- Shrimp Cheese Ball
- Spinach Roasted Red Pepper Crab Dip
- Strawberry Walnut Chicken

Ukrop's Meat and Seafood:

- All Natural Beef Tenderloin Steak Supreme Cut Au Poivre
- All Natural Beef Tenderloin Steak Supreme Cut Wrapped in Bacon
- All Natural Frozen Ground Beef Patties
- All Natural New York Strip Steak with Montreal Steak Seasoning
- All Natural New York Strip Steak Au Poivre
- All Natural Rib Eye Steak Au Poivre
- All Natural Rib Eye Steak w/ Montreal Steak Seasoning
- Angus New York Strip Au Poivre
- Angus New York Strip with Montreal Steak Seasoning
- Angus Rib Eye Steak Au Poivre
- Angus Rib Eye Steak with Montreal Steak Seasoning
- Beef Top Round for Stir-fry
- Burgundy Seasoned Beef Kabob with Vegetables
- Chicken Breast w/ Broccoli and Cheddar Cheese
- Chicken Breast w/ Spinach and Feta Cheese
- Chicken Kabob

- Flank Steak with Cilantro, Pesto, Parmesan
- Flank Steak with Portabella, bacon, bleu cheese
- Italian Sausage w/ Peppers and Onions
- Marinated Chicken Kabob
- Pork Tenderloin w/ Apple Smoked Bacon
- Sirloin Kabob
- Ukrop's Shrimp
- Tuna Kabob
- Tilapia with Mango Salsa
- Tilapia with Garlic/Lemon Grass Butter

Ukrop's Bakery:

- Armaretti Cookies
- Brunli Cookies
- Chocolate Macaroons
- Cinnamon Stars
- Coconut Macaroons

Miscellaneous Deli Items

- Azars hummus
- Calabrese olives
- California olive mix
- Delalla: Pepper salad olives, Olive Salad, Sicilian Olives, Calamata Olives, Olive Medley
- SantAndres Sun dried Tomatoes
- Stuff Queen Olives

Deli:

- All Boar's Head deli meats: always check the label.
- Dietz and Watson Gourmet Lite Turkey
- Shady Brook Smoked Turkey Breast
- Ukrop's Oven Roasted Turkey Breast
- Joyner Smithfield Ham
- Esskay Silver Label Ham
- Sahlen's Smokehouse Ham

- Ukrop's VA Style Ham
- Fiorucci Hard Salami
- Genoa Salami
- Slice Pepperoni

Deli Cheese:

- Alpine Lace American Yellow
- Alpine Lace Reduced Fat Swiss
- Alpine Lace Reduced Sodium Swiss Cheese
- Boar's Head: all cheeses
- Danish Havarti Plain and Dill
- Hoffman Super Sharp Cheese
- Jarlsberg Lite Cheese
- Kronenost Farmers Cheese
- Land O'Lakes Cheddarella
- Land O'Lakes Yellow and White American Cheese
- NY Sharp Cheddar Wheel
- Ukrop's Deli Cheese
- Ukrop's Deli Mammoth Cheddar
- Ukrop's Deli Muenster
- Ukrop's Deli Provolone
- Ukrop's Deli Yellow and White American Cheese

Meat Department

- Ukrop's Sliced Bacon and Thick Bacon
- Hormel
- Oscar Mayer Center Cut, Lower Sodium
- Wellshire Farms Canadian Style Uncured Seasoned Bacon

Hot Dogs

- Ball Park All Beef Hot Dogs

- Wellshire Farm Premium Uncured Beef Frank
- Oscar Meyer Beef Franks

Sausage:

- **Al Fresco** All Natural Chicken Sausage
- **Bob Evans:** all fresh sausage, bacon, kielbasa, links and rolls
- **Chef Bruce Aidell's:** Chorizo, Chicken and Apple Smoked Chicken Sausage, Sundried Tomato Smoked Chicken and Turkey Sausage, Cajun Style Andouille
- **Joe's Market:** Spinach and Feta Chicken Sausage, Mild Italian Chicken Sausage, Apricot and Rosemary Cocktail Chicken Sausage, Buffalo Style Cocktail Chicken Sausage, Apple Chardonnay Cocktail Chicken Sausage

Johnsonville

- Original Bratwurst, Cheddar Bratwurst, Hot'n Spicy Bratwurst, Bratwurst Patties, Smoked Brats, Stadium Brats, Grilling Chorizo, Original Breakfast Links, Vermont Maple Syrup Links, Homestyle-Breakfast Patties, Original Breakfast Patties, Vermont Maple Syrup Patties, Smoked Turkey Sausage, Turkey with Cheddar Sausage, Polish Sausage, Mild Italian Sausage, Sweet Italian Sausage, Hot Italian Sausage,

Butterball:

- Turkey; check labels on gravy, rubs, flavors, and in stuffed products.

Wellshire Farms:

- Turkey Kielbasa, Sunday Breakfast Uncured Seasoned Ham, Boneless Steak, Uncured Turkey Thigh Meat, VA Brand Uncured Seasoned Deli Ham, All Natural Black Forest Uncured Seasoned Deli Ham, Fully Cooked Tope Round Roast Beef, Slice Roast Beef

Perdue:

- Ground Chicken
- Perdue Short Cuts: Grilled Southwestern Style, Carved Chicken Breast Original Roasted, Honey Roasted, Turkey Breast Oven Roasted

Baking

- **Arrowhead Mills:** Wild Rice Pancake and Waffle Mix, All Purpose Baking Mix, Pizza Crust Mix, Vanilla Cake Mix, Brownie Mix, Chocolate Chip Cookie Mix
- **Betty Crocker:** Gluten-free cake, cookie and brownie mixes.
- **Bob's Red Mill:** Xanthan Gum, Wheat-Free Biscuit and Baking Mix, Homemade Wonderful GF Bread Mix, All Purpose Gluten Free Baking Flour, Potato Flour, Tapioca Flour, Sorghum Flour, Brown Rice Flour, Garbanzo Bean Flour, Almond Meal/Flour, Flaxseed Meal, Gluten Free Brownie Mix, Pancake Mix
- **Deb El** Just Whites
- **Ener-G:** Egg Replacer; Pure Potato Starch Flour
- **Gluten-Free Pantry:** Favorite Sandwich Bread Mix, Brown Rice Pancake and Waffle Mix, Country French Bread Mix, Perfect Pie Crust Mix, Angel Food Cake Mix, Cookie and

Cake mix, Chocolate Cake Mix, Spice Cake and Gingerbread Mix, Muffin and Scone Mix, Chocolate Chip Cookie and Cake Mix, Chocolate Truffle Brownie Mix

- **Kinnikinnick:** Gluten Free Chocolate Cake Mix, White Cake Mix
- **Namaste Foods:** Spice Cake Mix
- **Pamela's:** Pancake and Baking Mix, Chocolate Brownie Mix, Chocolate Chunk Cookie Mix, Wheat-free Bread Mix, Chocolate Cake Mix, Vanilla Cake Mix, Confetti Frosting Mix

Baking Powders

- Featherweight
- Rumford
- Hain Pure Foods
- Clabber Girl

Baking Soda

- **Arm and Hammer**
- **Bob's Red Mill**
- **Food Club**

Beans

- **Amy's:** Traditional Refried Beans, Refried Black Beans, Refried Beans with Green Chilies
- **Bush's Best:** All excluding Bush's Best Chili Beans, Bush's Homestyle Chili and Bush's Chili Magic Line
- **Eden's:** Adzuki, Baked Beans, Black Soy, Black Beans, Caribbean Black Beans, Garbanzo Beans, Great Northern Beans, Kidney Beans, Navy Beans, Blacked Eyed Peas, Cajun Rice and Beans, Caribbean Rice and Black Beans, Rice and Garbanzo Beans, Rice and Lentils, Rice and Pinto Beans

Fantastic Foods: Black Beans, Instant Refried Beans

- **Goya:** Canned Beans and Peas, Ham Flavored Concentrate

Beverages

- **Arizona Tea** Products
- **Blue Diamond:** Almond Breeze Milk (Original, Chocolate, Vanilla)
- **Celestial Seasonings Herbal Tea**
- **Coca Cola**
- **Del Monte** 100% Fruit Juice
- **Folger's Coffee-** all roasts
- **Food Club:** Green Tea, Southern Sweet Tea
- **Full Circle:** Tea (Early Grey, English Breakfast, Green, Peppermint, Chamomile, Night Time Blend, Chai)
- **Gatorade:** all flavors
- **Gerber:** 100% Juices
- **Ghirardelli** Double Chocolate and Chocolate Mocha Hot Chocolate Mix
- **Honest Tea:** Citrus Spice Decaf, Jasmine Green Energy, Mango White Tea, Moroccan Mint Tea, Just Black Unsweetened, Just Green Unsweetened
- **Nescafe Taster's Choice Coffee:** Instant and Regular
- **Nestea:** all flavors
- **Nestle Coffee-Mate** Liquid and Powder: Flavored and Non-flavored
- **Nestle Hot Cocoa Mix:** All Flavors (except Double Chocolate Meltdown, Rich Chocolate Flavor, Fat Free, Fat Free with Marshmallows)
- **Nestle Juicy Juice Harvest Surprise:** all flavors
- **Nestle Juicy Juice:** all flavors
- **Nestle** Mountain Blend Instant Coffee
- **Nestle Nesquick** Milkshake

- **Nestlé Nesquick** Ready-to-Drink Milk: all flavors
- **Nestle Nesquick Syrup:** all flavors
- **Organic Edensoy** unsweetened
- **Organic Valley:** All Fluid Milk, including Buttermilk, Egg Nog, Chocolate Milk, Shelf-Stable and Lactose Free Milk, Heavy Crème, Half and Half
- **Ovaltine-** Rich Chocolate Flavor
- **Pepsi** products
- **Rice Dreams**
- **Starbucks** Doubleshot
- **Silk** Soymilk and Creamer
- **Sunny Delight**
- **Swiss Miss** Hot Chocolate
- **V8 :** Fusion, Splash, Vegetable Juice (all flavors)
- **Welch's:** all flavors
- **WestSoy:** Rice Milk (Plain, Vanilla), Soy Milk (Lite Plain, Lite Vanilla, Nonfat Plain, Nonfat Vanilla, Plus Plain, Plus Vanilla, Soy Shake Chocolate, Soy Slender Chocolate, Original, Unsweetened)
- **Yoo-Hoo** Ready-To-Drink Original Chocolate Flavor

Bouillon

- **Organic Gourmet** Vegetable Bouillon Low Sodium
- **Rapunzel:** Vegan Vegetable Bouillon with Sea Salt, Vegan Vegetable Bouillon No Added Salt, Vegan Vegetable Bouillon with Herbs

Bread/Frozen Baked Items:

- **Ener-G:** Tapioca Loaf, White Rice Loaf, Brown Rice Loaf, Brown Rice-Yeast Free
- **Enjoy Life:** Classic Original Bakery, Cinnamon Raisin Bagels

- **Food by George:** Plain, No Rye Rye, Cinnamon Currant English Muffins, Corn Muffins, Blueberry Muffins, Brownies, Cheese Pizza
- **Food for Life:** White Rice Bread, China Black Rice Bread, Rice Pecan Bread, Rice Almond Bread
- **Gillian** French Rolls
- **Glutino:** Sesame Breadsticks, Pizza flavored Bottonnets, Pizza Crust, Bagels (sesame, plain), Bread (fiber, cornbread, cinnamon raisin, flaxseed), Harvest Corn bread
- **Kinnikinnick:** Cheese Tapioca Rice Bread, Tapioca Rice Cinnamon Rolls, Chocolate Dipped Donuts, Pizza Crust, Cinnamon Buns
- **Van's:** Mini Waffles, Blueberry Waffles, Buckwheat Wild Blueberries and Raspberries

Bread Crumbs

- **Hol-Grain** Brown Rice Bread Crumbs
- **Southern Homestyle:** Corn Flake Crumbs, Tortilla Crumbs

Cake

- **Ener-G** Pound Cake
- **3 Feller's Bakery** (frozen)

Canned Fruit/Frozen Fruit

- **Del Monte:** All fruit snack cups and jarred fruit
- **Lucky Leaf** Apple Cherry Sauce
- **Musselman's:** Spiced Apple Rings, Unsweetened Apple Sauce
- **Mott's:** Regular and Cinnamon Apple Sauce
- **Food Club** Maraschino Cherries
- **Full Circle:** Applesauce (Natural and Unsweetened); Frozen Strawberries, Blueberries, Raspberries; Raisins

Canned Meat

- **Armour:** Corned Beef, Corned Beef Hash, Vienna Sausage
- **Bumble Bee:** all tuna (except crackers in Ready-to-Eat Salads and Crackers)
- **Crown Prince:** Flat Anchovies, Crab Meat (fancy, white, regular), Mackerel, Shrimp (broken and tiny), Baby Clams, Whole Oysters, Pink Salmon, Sardines in water/no salt added, Norway Sardines, Sardines
- **Hormel:** Vienna Sausage, Corned Beef, Corned Beef Hash, Chunk Meats (breast of chicken, chicken, ham, turkey)
- **Kid's Kitchen:** Beans and Wieners
- **Libby's:** Vienna Sausage, Chicken Vienna Sausage
- **Spam:** Classic, Lite, Less Sodium, Smoked and Oven Roasted Turkey
- **Star-Kist:** all varieties of tuna (except Tuna Creations Herb and Garlic, Tuna Fillets Teriyaki and all crackers in Lunch-to-Go)

Canned Vegetables and Tomato Sauce/Frozen Vegetables

- **Bubbies** Bread and Butter Pickle Chips
- **Cain's** Sweet Cucumber Pickles
- **Claussen** Pickles
- **Del Monte/Contadina:** Tomato products (except Del Monte Spaghetti Sauce Flavored with Meat and Contadina Tomato Paste with Italian Herbs)
- **Del Monte:** all canned vegetables (except Savory Sides Green Bean Casserole)

- **Full Circle:** Tomatoes (Crushed, Crushed with Herbs, Sauce, Puree, Crushed Tomatoes with Basil, Tomato Sauce, Tomato Paste, Diced Tomatoes, Whole Peeled Tomatoes), Baked Beans (Traditional and Maple & Onion); Refried Beans (Green Chili & Lime, Fat Free Refried, Vegetarian Refried, Black Refried); Frozen Sweet Corn, Peas, Cut Beans, Four Vegetable Blend; Canned Whole Kernel Corn, Regular Cut Green Beans, French Cut Green Beans, Peas
- **Hansjorgen** Pickles
- **Hunt's:** Tomato products (except Original Flavored with Meat, Classic Italian Four Cheese, Classic Italian Flavored with Italian Sausage, Hunt's Ketchup and Hunt's Barbeque Sauce)
- **Mt. Olive** Pickles
- **Native:** Artichoke Hearts, Asparagus Cuts, Hearts of Palm
- **Vlasic** Pickles

Cereals

- **Arrowhead Mills** Sweetened Rice Flakes
- **Bakery on Main:** Extreme Fruit and Nut Granola, Apple Raisin Walnut Granola
- **Barbara's Puffins:** Honey Rice
- **Bob's Red Mill:** Mighty Tasty Gluten Free Hot Cereal, Creamy Rice Hot Cereal
- **Cream of Rice**
- **Carnation Instant Breakfast** (except chocolate malt)
- **Chex:** *except Wheat and Multigran. Check labels.

- **Enjoy Life:** Cinnamon Crunch, Very Berry, Cranapple Crunch Granola
- **Envirokids:** Orangutan-O's, Panda Puffs, Gorilla Munch, Koala Crisp
- **Erewhon:** Twice Rice, Crispy Brown Rice and No Salt Added Crispy Brown Rice
- **Food Club:** Instant Grits
- **General Mills:** Dora the Explorer, Rice Chex (always check the label)
- **Health Valley:** Rice Crunch-Ems
- **Nabisco:** Cream of Rice
- **Nature's Path:** Honey'd Corn Flakes, Puffed Corn, Mesa Sunrise
- **Perky O's:** Frosted, Original, Apple Cinnamon, Nutty Flax
- **Post:** Cocoa Pebbles, Fruit Pebbles (always check the label)
- **Kix** (check the label)

Cereal Bars:

- **Envirokidz:** Crispy Rice Bars (Berry Rice, Koala Chocolate, Panda Peanut Butter)
- **Glutino:** Gluten Free Breakfast Bars (Cranberry, Apple, Blueberry)
- **Enjoy Life:** Caramel Apple Snack Bar, Coco Loco, Very Berry, Sunbutter Crunch

Chocolate and Candy:

- **Baker's:** German Baking Squares
- **Dove** Chocolate Bars
- **Ghirardelli:** Double Chocolate Chips, Milk Chocolate Chips, Semi-Sweet Chocolate Chips

- **Green and Black's:** Fair Trade Cocoa Powder, Organic Chocolate- Maya Gold
- **Hershey's:** Semi-sweet Chocolate Chips, Butterscotch Chips, Unsweetened Baking Chocolate, Semi-sweet Baking Chocolate, Chocolate Candy Bar, Chocolate Syrup, Kisses
- **Jelly Belly**
- **Lifesavers**
- **M & M candies** (except Krispies)
- **Mars** bar
- **Mike and Ike** (original fruits, tropical typhoon, berry blast, jolly joes grape, hot tamales, super hot tamales)
- **Milk Way** Dark (Midnight Bar)
- **Nestle:** Semi-sweet Chocolate Morsels, Semi-sweet Chocolate Chunks, Semi-sweet Mini Morsels, Semi-sweet Baking Bar, Unsweetened Baking Bar, Baby Ruth, Bit-O-Honey, Butterfinger (except Butterfinger Crisp and Butterfinger Stixx), Oh Henry, Milk Chocolate, Goobers, Nips (Regular and Sugar-free), Treasures, Spree, Raisinets, Sno-Caps
- **Rolo** Caramels
- **Snicker's** Chocolate Candy Bar
- **Starbursts**
- **Sugar Babies and Sugar Daddies**
- **Three Musketeers**
- **Tootsie** Rolls

Coconut

- **Baker's** Coconut (cans and bags)
- **Food Club** Sweetened Coconut
- **Native:** Coconut Milk, Coconut Milk Light

Cookies

- **3 Fellers Bakery:** (Natural/Organic freezer section) Sugar cookie dough, oatmeal raisin dough, chocolate chip dough
- **Arico:** Almond Cranberry cookies; Lemon Ginger cookies
- **Enjoy Life:** Chocolate Chips, Double Chocolate Brownie, Ginger Spice, No Oats "Oatmeal", individual packs, Snicker doodle and Soft Baked Chocolate Chip
- **Envirokidz:** Animal Cookies Vanilla
- **Glutino:** Chocolate Dreams, Vanilla Dreams
- **Jennie's:** Coconut Macaroons (Carob, Coconut, Dutch Chocolate)
- **Kinnikinnick:** Animal Cookies, Vanilla Sandwich Crème, Chocolate Sandwich Crème
- **Mi-Del:** Arrowroot Animal Cookies, Mini Chocolate Chip Cookies, Mini Pecan Cookies, Ginger Snaps
- **Pamela's:** Chunky Chocolate Chip, Ginger, Chocolate Chunk Pecan, Dark Chocolate Chunk, Peanut Butter with Chocolate, Peanut Butter, Butter Shortbread, Pecan Shortbread, Chocolate Chip Simple Bites, Ginger Simple Bites

Condiments:

- **Ketchup:**
 - **Food Club**
 - **Full Circle**
 - **Heinz** (Heinz, Organic, Hot and Spicy Ketchup)
- **Mayonnaise:**
 - **Duke's** Mayonnaise
 - **Hellman's** (all mayonnaise products and spreads)
 - **Miracle Whip**

- **Nasoya** Nayo-naise
- **Spectrum** Eggless Vegan Canola Mayonnaise, Organic Omega-3 Mayonnaise with Flax Oil, Soy Mayonnaise, Omega-3 Soy Mayonnaise

▪ **Mustard:**

- **Emeril's:** Smooth Honey Mustard, Dijon Mustard, Kicked up Horseradish Mustard, NY Deli Style Mustard
- **Food Club:** Mustard, Dijon, Dijon with White Wine
- **French's** Yellow Mustard
- **Grey Poupon**
- **Guldens**

Cooking Sauces

- **A Taste of Thai:** Green Curry Base, Panang Curry Base, Peanut Satay Sauce, Red Curry Base
- **Bali Spice:** Coconut Chicken Curry Seasoning, Shall and Herb Stir-Fry Seasoning, Chili and Garlic Seasoning
- **Bragg's** Amino Acids
- **Drew's:** All Natural Smoked Tomato Marinade, Rosemary Balsamic
- **Food Club:** 30 Minute Marinades (Lemon Pepper, Herb and Garlic, Mesquite)
- **Lea & Perrins:** Hot Pepper Steak Sauce, Original Worcestershire Sauce, Barbeque Sauce (Original, Bold, Spicy)
- **San-J:** Organic Wheat Free Tamara (Gold Label), Organic Wheat Free Reduced Sodium Tamari (Platinum Label)
- **Sonny's:** Bar-B-Q Sauce Sweet

- **Texas Pete:** Hot Sauce, Hot Dog Chili, Chili No Beans, Pepper Sauce, Seafood Sauce, Buffalo Chicken Wing Sauce
- **House of Tsang:** Hot Chili Sesame Oil, Mongolian Fire Oil, Sesame Oil, Wok Oil

Crackers

- **Blue Diamond** Nut Thins (Almond, Hazelnut, Pecan, Smokehouse)
- **Edward and Sons:** Organic Brown Rice Snaps (Unsalted Plain, Cheddar, Vegetable), Fat Free Snaps (Onion Garlic)
- **Ener-G:** Gourmet Crackers
- **Enjoy Life:** Not Nuts-Nut Free Trail Mix (Beach Bash, Mountain Mambo)
- **Health Valley:** Rice Bran Crackers
- **Hol-Grain** Rice Crackers: Onion and Garlic, Salted, No Salt Rice Thins
- **Lundberg:** Brown Rice Organic Rice Cakes
- **Mary's Gone Crackers:** Black Pepper, Caraway, Herb, Onion, Original
- **Sharwood's** Indian Puppdoms (Plain, Spiced)

Dairy:

Butter

- Salted and Unsalted (all varieties)

Cheese

- **Alouette** Cheese: all varieties
- **Andrew and Everett:** Pepper Jack, Muenster, Mozzarella, Havarti, Colby

Jack, Provolone, Burger American Cheese, Swiss

- **Borden:** all products
- **Cabot:** all products
- **Galaxy:** Low-fat Cheddar, Low-fat Mozzarella Rice Shreds
- **Kerrygold** Dubliner Cheese
- **Kraft-** will indicate in the ingredient list if wheat is used
- **Laughing Cow:** all products
- **Organic Valley:** all products (except Italian Blend, Bleu Cheese Crumbles, Shredded Parmesan)
- **Sargento:** shredded cheese and deli cheese slices
- **Societe** Roquefort
- **Vegan Gourmet Cheese Alternative:** Mozzarella and Cheddar
- **Velveeta**

Cottage Cheese

- **Breakstone:** Regular, 2%, Fat-free
- **Food Club:** Regular and Low-fat
- **Lactaid:** 1% Milk

Cream Cheese

- **Food Club** Plain (Block Style-Regular, Neufchatel Soft Style-Regular and Lite)
- **Philadelphia** Plain (Block Style-Regular, Neufchatel, Fat-free; Soft Style- Regular, Lite, Fat-free, Whipped)

Margarine and Spreads:

- **Brummel and Brown** Spread
- **Country Crock**
- **Earth Balance:** Buttery Spread, Soy Garden Natural Buttery Spread, Buttery Sticks
- **Fleischmann's:** all varieties

- **Food Club** Soft Margarine
- **I Can't Believe It's Not Butter**
- **Parkay**: all varieties
- **Smart Balance**: all varieties
- **Earth Balance**: Shortening

Ricotta Cheese:

- Food Club: Whole Milk and Part Skim
- Sorrento: Whole Milk and Part Skim
- Organic Valley

Yogurt:

- **Brown Cow**
- **Cascade Fresh**: Blueberry, Cherry, Vanilla, Boysenberry, Lemon Chiffon, Strawberry, Marionberry
- **Dannon**: Plain (low fat, nonfat, natural)
- **Fage** Total Greek Yoghurt and Total 0%
- **Food Club**: all plain and flavored varieties
- **Silk Live!** Smoothies, soy yogurt
- **Stonyfield Farms**: Plain (low fat, non fat, whole milk)
- **Whitewave** Silk Soy Yogurt (all flavors)
- **Wholesoy** Soy Yogurt, Drinkable Soy Yogurt
- **Yoplait**: all yogurt without toppings

Eggs and Egg Products:

- Better'n Eggs and All Whites
- Egg Beater's
- Eggs

Rice and Soy Milk:

- **Edensoy** Organic Unsweetened
- **Full Circle Soy Milk** : Original, Chocolate, Vanilla

- **Full Circle Rice Milk**: Original, Vanilla
- **Silk**
- **Soy Dream** Non-Dairy Beverages
- **Rice Dream**

Frostings:

- Cake Mate Decorating Icing and Decorating Gels: all colors
- CherryBrook Kitchen Chocolate and Vanilla Frosting

Frozen Desserts:

- **Edy's Fruit Bars**: Creamy Coconut, Grape, Lemonade, Lime, Orange and Cream, Strawberry
- **Edy's Grand Ice Cream**: Butter Pecan, Cherry Chocolate Chip, Cherry Vanilla, Chocolate, Chocolate Chip, Chocolate Fudge Sunday, Double Vanilla, Neapolitan, Peanut Butter Cup, Real Strawberry, Rocky Road, Dolce de Leche, Espresso Chip, French Vanilla, Mint Chocolate Chip, Vanilla, Vanilla Bean, Vanilla Chocolate
- **Edy's Slow Churned Bars**: Creamy Vanilla, Vanilla Almond (No Sugar Added)
- **Edy's Slow Churned**: Butter Pecan, Caramel Delight, Chocolate, Chocolate Chip, Chocolate Fudge Chunk, Coffee, French Vanilla, Fudge Tracks, Mint Chocolate Chip, Mocha Almond Fudge, Neapolitan, Peanut Butter Cup, Raspberry Chip Royal, Rocky Road, Strawberry, Take the Cake, Vanilla, Vanilla Bean
- **Edy's Yogurt Blends**: Black Cherry Vanilla Swirl, Cappuccino Chip, Caramel Praline Crunch, Chocolate Vanilla Swirl, Strawberry, Vanilla

- **Edy's Sherbet**: Berry Rainbow, Orange Cream, Swiss Orange, Tropical Rainbow
- **Food Club**: Vanilla Ice Cream
- **Gaga's**: Sherbetter (Raspberry, Orange, Lemon)
- **Good Karma Organic Rice Divine Cream**: Carrot Cake, Chocolate Peanut Butter, Mudd Pie, Very Vanilla
- **Rice Dream Non Dairy Frozen Dessert**: Coco Marble Fudge, Mint Chocolate Chip
- **Soy Dream Non Dairy Frozen Dessert**: (except chocolate fudge brownie)
- **Skinny Cow**: Fudge Bars and Mini Fudge Pops

Frozen Food:

- **Alexia** Yukon Gold Mashed Potatoes
- **Amy's**: Bistro Burger, Mexican Tamale Pie, Shepherd's Pie, Shepherd's Pie Light in Sodium, Rice Crust Cheese Pizza, Rice Crust Spinach Pizza, Single Serve Non-Dairy Rice Crust Cheese Pizza, Garden Vegetable Lasagna, Rice Mac and Cheese, Light in Sodium Black Bean Enchilada, Black Bean Enchilada, Cheese Enchilada, Black Bean Tamale Verde, Cheese Tamale Verde, Sante Fe Enchilada Bowl, Teriyaki Bowl, Brown Rice and Vegetable Bowl, Mexican Casserole Bowl, Brown Rice Black Eyed Peas Veggies Bowl, Light in Sodium Brown Rice and Veggies Bowl, Baked Ziti Bowl, Tortilla Casserole and Black Beans Bowl, Asian Noodle Stir Fry, Thai Stir Fry, Indian Mattar Paneer, Indian Palak Paneer, Indian Vegetable

- Korma, Indian Mattar Tofu, Indian Paneer Tikka, Tofu Scramble, Tofu Rancheros,
- **Cedar Lane:** Three Layer Enchilada Pie
- **Nature's Highlights:** Brown Rice Pizza Crust
- **Ian's:** Chicken Nuggets, Lightly Breaded Fish Sticks, French Toast Sticks, Popcorn Dogs, Alpha Tots
- **Stouffer's** Glazed Chicken (check ingredient listing)
- **Smart Ones: Sante Fe Rice and Beans,** Smart Ones Broccoli & Cheddar Potatoes
Smart Ones Lemon Herb Chicken Piccata
Smart Ones Fiesta Chicken
Smart Ones Santa Fe Rice & Beans
Smart Ones Creamy Tuscan Chicken
Smart Ones Grilled Chicken in Garlic Herb Sauce
Smart Ones Home-Style Chicken
Smart Ones Chicken Santa Fe
- **McCain French Fries:** Straight, Crinkle cut, Classic, Steak, Smiles fun-shaped
- **Hormel Compleats:** Southwest Style Black Beans and Rice
- **Jimmy Dean Breakfast Bowl:** Egg, Potato, Bacon and Cheddar Cheese

Grains:

- **Ancient Harvest:** Quinoa Rotelle, Quinoa Elbows, Quinoa Garden Pagodas, Spaghetti
- **Annie Chun's:** Rice Noodle Original, Rice Express (Sprouted Brown Rice, Sticky White Rice)

- **BioNature:** Spaghetti, Elbows, Penne Rigate, Fusilli
- **Deboles:** Rice Spaghetti, Rice Angel Hair, Rice Fettuccine, Corn Spaghetti, Rice Penne, Rice Spirals, Corn Elbow Style Pasta, Rice No Boil Lasagna
- **Mrs. Leepers:** Brown Rice Spaghetti; Dinners: Beef stroganoff, Cheeseburger, Creamy tuna, Lasagna
- **Thai Kitchen:** Rice noodles (Thin Rice, Stir-Fry Rice Noodles), Stir-fry Noodles with Sauce (Original Pad Thai, Thai Peanut Pad Thai, Lemongrass and Chili); Instant Rice Noodle Soup (Bangok Curry, Garlic and Vegetable, Thai Ginger, Spring Onion, Lemongrass and Chili); Rice Noodle Soup Bowls (Roasted Garlic, Mushroom, Spring Onion, Lemongrass and Chili, Thai Ginger)
- **Tinkyada:** Brown Rice Elbows, Brown Rice Penne, Brown Rice Spirals, Brown Rice Lasagna, Spinach Brown Rice
- **Road's End Organics:** Penne and Cheese
- **Lundberg:** Basmati Rice, Jasmine Rice, Long Brown Rice, Wild Gourmet Rice, Golden Rose Rice, Long Grain White Rice, Short Brown Rice, Brown Rice Spaghetti, Black Japonica Rice Blend, Wild Gourmet Rice Blend, Creamy Parmesan Risotto

Jams/Jelly/Chutney

- **Food Club:** Apricot Preserves, Peach Preserves, Strawberry Preserves, Grape Jam, Grape Jelly
- **Full Circle:** Raspberry Fruit Spread, Strawberry Fruit Spread, Grape Jelly

- **Polaner All Fruit** Jams, Jellies, Preserves
- **Smucker's:** Jams, Jellies, Preserves, Marmalades, Low Sugar, Light/Sugar-free, Simply 100% Fruit Spread
- **Wild Thymes:** Mango Papaya Chutney, Plum Current Ginger Chutney
- **Welch's:** All Products

Medications:

- Visit www.glutenfreedrugs.com for a complete list.

Miscellaneous Cooking

- **Aunt Jemima Syrup**
- **Crisco** Cooking Spray and Crisco Shortening
- **Grandma's Molasses:** Original and Robust
- **Karo** Syrups
- **Log Cabin** Country Kitchen Syrup
- **Grandma's Molasses:** Original and Robust
- **Maple Grove Farms of Vermont:** Vermont Sugar Free Syrup, Butter Flavor Sugar Free Syrup, Maple Flavor Sugar Free Syrup
- **Mazola** No Stick Cooking Spray
- **Mrs. Dash:** *not manufactured on gluten free production lines
- **No Salt** Salt Substitute
- **Old Bay** Seasonings
- **Pam Spray:** All except Pam for Baking
- **Wright's Liquid Smoke:** Hickory and Mesquite
- Thai Kitchen Peanut Satay Sauce
- Comstock Pie Filling (all flavors)

Nut Butters

- **Arrowhead Mills:** Creamy, Crunchy, Almond Butter, Cashew Butter, Natural Peanut Butter
- **Better'n Peanut Butter:** Original, Low Sodium, Chocolate
- **Food Club:** Creamy, Crunchy
- **Full Circle:** Creamy, Crunchy, Cashew Butter, Almond Butter, Sunflower Butter
- **I.M.:** Healthy Soy Nut Butter (Chocolate, Original, Chunky, Creamy, Unsweetened Creamy)
- **Jiff**
- **Maranatha**
- **Peter Pan**
- **Skippy**
- **Blue Diamond:** All almonds except Wasabi & Soy Sauce almonds

Nutrition Supplements

- **Boost Drink:** (except Malt flavor)
- **Boost Pudding**
- **Caltrate** Calcium supplements: all varieties
- **Centrum** tablets: (except chewable)
- **Citrical** Calcium: (except chewable)
- **Ensure-** Fiber, Ensure Plus, Ensure High Protein
- **Full Circle-** all except Fiber Complex
- **Genisoy:** Protein shake (chocolate, vanilla, natural, strawberry banana)
- **Glucerna** shakes
- **Nature Made:** all supplements
- **Pediasure**
- **Viactiv** Soft Calcium Chews

Nutrition Bars:

- **Balance Bars:** Balance Pure

- **Cliff:** Nectar, Splashers, Twisted Fruit, LUNA Elixer, LUNA Sports Products, Cliff Shots
- **Extreme Bars:** Peanut Butter Fix
- **Lara Bar:** Apple Pie, Banana, Cashew Cookie, Cherry Pie, Chocolate Chew, Cinnamon Roll, Cocoa, Lemon, Pecan Pie
- **Think Thin:** Green Bar (Chocolate Chip, Cranberry Apple); Chocolate Fudge, Creamy Peanut Butter

Pasta Sauce:

- **Classico:** All white and red sauces.
- **Del Monte:** 4 Cheese Spaghetti Sauce
- **Emeril's:** Puttanesca Pasta Sauce, Vodka Pasta Sauce, Home Style Marinara Pasta Sauce, Sicilian Gravy Pasta Sauce, Mushroom & Onion Pasta Sauce
- **Food Club:** Traditional (Original, Mushroom, Meat); All Natural Marinara, 4 Cheese, Tomato Basil, Mushroom and Olive
- **Frutti Di Bosco:** Marinara, Truffle-Porcini, Puttanesca, Wild Chantrelle
- **Full Circle:** Roasted Garlic, Tomato Basil, Parmesan Cheese, Portabella Mushroom
- **Newman's Own:** Say Cheese, Garlic and Peppers, Tomato and Roasted Garlic, Vodka Sauce, Pesto and Tomato, Marinara (Venetian), Marinara with Mushrooms, Sockarooni, Bombolina, Diavolo

Puddings and Gelatin:

- **Food Club** Rice Pudding
- **Hunt's** Snack Pack Puddings

- **Jell-O** Cook and Serve, Instant
- **Kozy Shack:** all varieties
- **Natural Desserts** Gelatin

Salad Dressings:

- **A Taste of Thai:** Spicy Peanut Salad Dressing Mix
- **Annie's Naturals:** Cow Girl Ranch, Caesar, Papaya Poppy, Green Garlic, Lemon and Chives, Balsamic Vinaigrette, Low Fat Honey Mustard Vinaigrette, Red Wine and Olive Vinaigrette, Roasted Red Pepper Vinaigrette .
- **Full Circle Salad Dressings:** Cesar, Balsamic Vinaigrette, Honey Mustard, Ranch, French, Italian, Thousand Island, Buttermilk Ranch, Tuscan Italian, Fat Free Balsamic Vinaigrette, Raspberry Vinaigrette, Pomegranate Vinaigrette, Greek Feta
- **Litehouse:** Caesar, Chunky Bleu Cheese, Jalapeno Ranch, Roquefort, Sweet Red Ranch, Balsamic Vinaigrette, Buttermilk Ranch, Chunky Garlic Caesar, Harvest Cranberry Vinaigrette, Homestyle Ranch, Honey Mustard, Huckleberry Vinaigrette, Lite Bleu Cheese, Lite Ranch, Garlic Vinaigrette, Lite 1000 Island, Lite Caesar, Lite Zesty Italian Vinaigrette, Organic Balsamic Vinaigrette, Organic Ranch, Organic Raspberry Lime Vinaigrette, Original Bleu Cheese, Pomegranate Blueberry Vinaigrette, Poppyseed Dressing, Red Wine Olive

Oil Vinaigrette, Raspberry Walnut Vinaigrette, Romano Caesar, Sweet French, Thousand Island, Coleslaw dressing

- **Maple Grove Farms of Vermont:** Fat Free Salad Dressings (Poppyseed, Cranberry Balsamic, Lime Basil, Honey Dijon, Balsamic Vinaigrette, Raspberry Vinaigrette, Greek); All Natural Salad Dressings (Asiago and Garlic, Champagne Vinaigrette, Strawberry Balsamic, Maple Fig, Ginger Pear, Blueberry Pomegranate); Organic Salad Dressings (Raspberry Vinaigrette, Balsamic Vinaigrette, Italian Herb, Dijon); Regular and Lite Salad Dressings (Sweet 'n Sour, Honey Mustard, Balsamic Maple, Lite Honey Mustard, Lite Caesar)
- **Newman's Own:** Olive Oil and Vinegar, Light Italian, Ranch, Caesar, Balsmic Vinaigrette, Creamy Caesar, Parmesan and Roasted Garlic, Two Thousand Island, Creamy Italian, Light Raspberry and Walnut, Light Red Wine and Vinegar, Light Balsamic Vinaigrette, Light Caesar
- **Spectrum:** Balsamic Vinegar, Organic Apple Cider Vinegar, Organic Golden Balsamic Vinegar, Organic Red Wine Vinegar, Organic White Distilled Vinegar, Organic Golden Balsamic Dressing, Organic Asian Ginger, Organic Creamy Ranch, Organic Lemon Sesame, Pomegranate
- **Seeds of Change:** Organic Greek Feta Vinaigrette, Organic Italian Herb Vinaigrette

- **Organicville:** Herbs de Provence Vinaigrette, Olive oil and Balsamic Vinaigrette, Orange Cranberry Vinaigrette, Pomegranate Vinaigrette

Salsa/Cheese Dip

- **Chi-Chi's:** Original and Fiesta; Taco Sauce
- **Food Club:** Thick and Chunky, Santa Fe Style
- **Full Circle:** Mild, Medium, Hot, Chipotle Medium, Double Roasted Medium
- **Green Mountain** Gringo Salsa
- **Newman's Own:** Mild, Medium, Hot, Roasted Garlic, Peach, Pineapple, Tequila Lime
- **Ortega:** Homestyle Prima Salsa, Thick and Chunky
- **Seeds of Change:** Garlic and Cilantro, Black Bean and Tomato, Tomato and Onion
- **Tostitos:** All Natural Hot Chunky Salsa, Medium Black Bean & Corn, Medium Chunky, Mild Chunky, Medium Picante Sauce, Mild Picante Sauce, Medium Pineapple & Peach, Creamy Spinach Dip, Southwestern Ranch Dip, Monterey Jack Queso, Salsa Con Queso, Spicy Queso Supreme
- **TGI Fridays:** Mild and Medium
- **Frito Lay:** Bean Dip, Chili Cheese Dip, Hot Bean Dip, Jalapeno and Cheddar Flavored Cheese Dip, Mild Cheddar Flavored Cheese Dip

- **Lay's:** French Onion Dip, French Onion Flavored Dry Dip Mix, Green Onion Flavored Dry Dip Mix, Ranch Flavored Dry Dip
- **Utz:** Mild Cheddar Cheese Dip, Cheddar and Jalapeno Dip, Sweet Salsa Dip

Snacks:

- **Blue Diamond Almonds** - Oven Roasted - sea salt
- **Baked Cheetos:** Crunchy Cheese, Flamin' Hot
- **Baked Lay's** Original Potato Crisps; Sour Cream and Onion
- **Baked Ruffles:** Original Potato Crisps, Cheddar and Sour Cream
- **Baked Tostitos:** Scoops!
- **Barbaras:** Original Cheese Puffs
- **Cheetos:** Cheddar Jalapeno Cheese, Chile Limon, Crunchy Cheese, Crunchy Wild White Cheddar Cheese, Fantastiix Chili Cheese, Flamin' Hot Cheese and Limon Cheese, Jumbo Puffs, Jumbo Puffs Flamin' Hot, Natural White Cheddar Puffs, Puffs Cheese, Twisted Cheese, Xtra Flamin' Hot
- **Cracker Jack:** Original Caramel Coated Popcorn and Peanuts
- **Doritos:** Blazin Buffalo and Ranch, Collisions Hot Wings and Blue Cheese, Collisions Zesty Taco and Chipotle Ranch, Cool Ranch, Fiery Habanero, Reduced Fat Cool Ranch, Salsa Verde, Smokin' Cheddar BBQ,

- Spicy Nacho, Taco Flavored, Toasted Corn
- **Food Club:** Potato Chips, Wavy Original, Ripple (Classic, Cheddar and Sour Cream)
- **French's Potato Sticks:** Cheesy Cheddar
- **Fritos:** Original Corn Chips, Pinch of Salt, SCOOPS!, Spicy Jalapeno, Tangy Roasted Corn
- **Full Circle:** Popcorn (Lightly Salted, White Cheddar), Nacho Tortilla Chips, White Corn Tortilla Chips, Potato Chips; Soy Snacks (Ranch, Sea Salt, Cheddar Cheese, Sweet BBQ)
- **Funyuns:** Flamin' Hot Onion, Onion
- **GeniSoy:** Soy Crisps (BBQ, Creamy Ranch, Cheddar Cheese, Deep Sea Salted, Tangy Salt'N' Vinegar, Nacho, Apple Cinnamon, Garlic and Onion; Potato Soy Crisps (BBQ, Sea Salt and Black Pepper, Parmesan & Garlic, Country Style Ranch), Trail Mix
- **Glenny's:** Soy Crisps (Apple Cinnamon, Cheddar, Cool Ranch, Garlic & Onion, Lightly Salted, Salt & Pepper
- **Green Mountain:** Gringo Tortilla Strips
- **Lay's:** Cheddar and Sour Cream, Chile Limon, Classic, Creamy Ranch, Deli Style, Dill Pickle, Hot & Spicy Barbeque, Kettle Cooked (Four Cheese, Jalapeno, Mesquite BBQ, Original, Reduced Fat, Sweet Chili and Sour Cream), Light Original, Light

- Salted, Limon Tangy Salted, Natural Country BBQ, Natural Sea Salt, Pinch of Salt, Salt and Vinegar, Sour Cream & Onion, STAX (Cheddar, Hot'n Spicy, Jalapeno Cheddar, Mesquite BBQ, Original, Ranch, Salt& Vinegar, Sour Cream & Onion), WAVY (Ranch, Regular)
- **Lundberg Family Farms:** Brown Rice Cakes, Rice Chips (Nacho Cheese, Original Sea Salt, Santa Fe BBQ, Sesame Seaweed, Wasabi)
- **Newman's Own:** Microwave Popcorn (Butter, Natural, Light Butter, Butter Boom, 94% Fat Free, White Cheddar Cheese)
- **Newman's Own:** Microwave Popcorn (Natural, Butter, Light Butter, Butter Boom, 94% Fat Free, White Cheddar Cheese, Popcorn Jars
- **Orville Redenbacher's** Natural - Simply Salted microwave popcorn
- **Robert's Gourmet:** Pirate's Booty
- **Ruffles:** Cheddar & Sour Cream, Authentic Barbeque, Light Cheddar & Sour Cream, Light Original, Natural Reduced Fat Sea Salted, Pinch of Salt, Reduced Fat, Regular, Sour Cream & Onion, Thick Cut Cheddar
- **Smart Food:** Reduced Fat White Cheddar Cheese Popcorn, White Cheddar Cheese
- **Snikiddy:** All Puff Varieties
- **Stretch Island:** Fruit Snacks
- **Tostitos:** Bite Size Gold, Bite Size Rounds, Crispy Round, Light

- Restaurant Style, Natural Blue Corn, Natural Yellow Corn, Hint of Lime, SCOOPS!, 100% White Corn Crispy Rounds Pinch of Salt, 100% White Corn
- **Utz:** Regular, Reduced Fat, BBQ, Carolina BBQ, Sour Cream & Vinegar, Salt & Vinegar, Salt & Pepper, Cheddar & Sour Cream, Red Hot, No Salt, No Salt BBQ, Crab, Honey BBQ, Mystic Kettle, Kettle Classics (plain, Dark Russet, Sweet Potato, Smokin' Sweet BBQ, Sour Cream & Chive, Jalapeno, All Natural Kettle Cooked (Lightly Salted, Dark Russet, Sea Salt & Vinegar, Gourmet Medly), Home Style Kettle Cooked, Grandma Utz Kettle, Popcorn (Butter, Cheese, White Cheddar), White Cheddar Cheese Curls, Baked Cheese Curls and Balls, Crunchy Cheese Curls, Puff'NCorn, Baked Tortilla Chips, Corn Chips (Plain, BBQ), White Corn Tortilla, Restaurant Style, Cheesier Nacho

Soup/Chili:

- **A Taste of Thai:** Coconut Ginger Soup Mix, Curry Rice Noodle Soup, Hot and Sour Rice Noodle Soup
- **Amy's:** Chili (Medium, Medium Black Bean, Medium w/ Veggies, Spicy), Low-fat Black Bean Soup, Chunky Tomato Bisque, Corn Chowder, Light in Salt (Chunky Tomato, Cream of tomato, Lentil, Lentil Vegetable, Split

- Pea), Lentil, Lentil Vegetable, Low Fat Split Pea
- **Swanson Broth:** Natural Goodness Chicken Broth, Chicken Broth, Vegetable Broth, Chicken Broth Roasted Garlic
- **Dinty Moore** Beef or Chicken Stew
- **Fantastic Foods:**
- **Food Club:** Beef Stew
- **Imagine:** Chicken Broth, Vegetable Broth, Creamy Broccoli, Creamy Tomato, Creamy Butternut Squash, Creamy Port. Mushroom, Free Range Chicken Broth, No Chicken Broth, Sweet Potato Soup, Tomato Basil
- **Lipton:** Cup-A-Soup (Cream of Chicken, Chicken Broth), Recipe Secrete Onion Soup Mix
- **Kitchen Basics:** Chicken, Beef Stock
- **Progresso:** Creamy Mushroom Soup, Chicken Rice, Garden Vegetable
- **Shelton's:** Chicken Chili (Mild, Spicy), Turkey Chili (Mild, Spicy), Chicken Tortilla Soup
- **Pacific:** Broth (Organic Chicken, Low sodium Chicken, Mushroom, Vegetable, Low Sodium Vegetable, Beef), Buttery Sweet Corn, Cashew Carrot Ginger, Creamy Roasted Carrot, Curried Red Lentil, Creamy Tomato, Creamy Butternut Squash, Creamy Roasted Pepper and Tomato, French Onion
- **Hormel:** Chili with Beans (Regular, Hot, Chunky), Microwave Bean and

- Ham Soup, Microwave Chicken with Vegetables and Rice Soup
- Thai Kitchen Hot and Sour Canned Soup

Sugar:

- **Food Club:** Granulated, Light Brown, Confectioner's
- **Full Circle:** Cane, Brown Sugar, Demerara
- **Domino**

Taco/Tortillas:

- **Food Club** Taco Shells
- **Mission** Corn Tortillas
- **Ortega** White Corn

Vinegar:

- **Heinz:** Apple Cider, Distilled White, Red Wine
- **Full Circle:** Balsamic Vinegar

Yeast:

- **Fleishmann's**

Manischewitz:

Daily Only (Not Kosher for Passover)

- Hearty Bean Cello Soup Mix
- Hummus (Ready to Serve)
- Lentil Pilaf Mix
- Spanish Pilaf Mix
- Split Pea Soup Mix with Seasoning Cello Soup Mix
- Tehina (Ready to Serve)

- Grape Juice
- Pasta Sauce (All)
- Tomato and Mushroom Sauce
- Apple Butter
- Borscht (All)
- Chicken Broth
- Chicken Soup[
- Condensed Clear Chicken Soup
- Cooking Sprays (All Varieties)
- Homestyle Potato Latke Mix
- Mini Potato Knish Mix
- Potato Kugel Mix
- Potato Pancake Mix
- Schav
- Sweet Potato Pancake Mix

Kosher for Passover/All Year Round